

Counselors (no referrals necessary)

	Notes	Phone	Street Address	Town
Health Affiliates Maine	Accept all insurances	207-333-3278	306 Rodman Rd.	Auburn
Sweetser	Accepts all insurances	800-434-3000	20 Mollison Way	Lewiston
Andwell Community and Behavioral Health Outpatient Counseling	Ages 3 and older	207-777-7740	15 Strawberry Ave.	Lewiston
New Horizons (Formerly Solid Roots Counseling)	Accepts MaineCare and Private Insurance	207-344-6290	331 Pine St.	Lewiston
Christine Charest, LMFT, LLC	Accepting Telehealth	207-753-1918	137 East Ave.	Lewiston
Sheila Twitchell, LCSW	Ages 14 and older Accepts Cigna, UMR, Anthem, CHO, Health Plans, United H.C., Beacon, Martin's Point	207-402-0231	331 Pine St.	Lewiston
Diane Scalia, LCSW	Ages 10 and older Accepts MaineCare and most private insurances	207-659-4904	1567 Lisbon St Suite 3	Lewiston
Avalon Counseling Services	Accepts MaineCare, Anthem, Community Health Options. Does not accept Cigna or Aetna. Will see all ages. Offers substance abuse counseling.	207-333-1080	37 Park St. Suite #302	Lewiston
Blue Sky Counseling	Substance Abuse Counseling MaineCare or Self Pay 18+	207-616-0705 ext 4		Lewiston, Waterville, Bangor, Augusta, Skowhegan, Rumford and Farmington

Blue Ridge Counseling Center	Accepting referrals MaineCare/Most private insurances	207-897-9000		Livermore Falls, Oxford and Rumford
Farwell Associates	Accepts all Insurances	207-353-8118	22 Farwell St.	Lisbon
MaineHealth Behavioral Health Counseling/Therapy	Accepts all insurances and accepts self- referrals	844-292-0111		Norway, Springdale, Biddeford, Portland, South Portland, Brunswick, Damariscotta, Rockland and Belfast
mymainetherapist.com				
Psychologytoday.com				